



www.rushmoorschoolsplus.org

e-Newsletter – February 2018

Welcome to the 60th Rushmoor Schools Plus e-Newsletter, with contributions from many organisations working to support local children, young people and families. As ever, we suggest you select the bits of information that are relevant to your own organisation and share these with the people you work with.

The next Rushmoor Schools Plus e-Newsletter will be available in the week beginning 19th March 2018. If you want anything included, please send information to Tony McGovern, (Rushmoor Schools Plus Partnership Manager) at tony.mcgovern@rushmoor.gov.uk

Rushmoor Schools Plus Signposting

This e-Newsletter is one way that Rushmoor Schools Plus connects its schools, families and communities. Each month there are about 7,000 unique visitors to our website www.rushmoorschoolsplus.org, indicating that our signposting service is still the best you can find for local and national information for children and families, local news, what's on and celebrating good news. Please signpost to it from your own communications, newsletters, websites, etc., so that collectively we can make sure that information reaches the audience it's intended for.

WHAT'S ON IN RUSHMOOR

Alderwood Leisure Half-term Playscheme

February half term: Monday 12th – Friday 16th February
Easter: Tuesday 3rd April – Friday 13th April

8.30am – 3.30pm: £16.00 per day, 8.30am – 5.30pm: £18.00 per day.

Bookings can be made at the reception desk or via e-mail, alderwood.leisure@rushmoor.gov.uk, telephone 01252 344 438. All the main childcare voucher providers are accepted.

During the day, children will have the opportunity to take part in outdoor and indoor play, including a range of sports and games along with arts and crafts.

Princes Hall

Princes Hall, Princes Way, Aldershot, GU11 1NX. Box office: 01252 329 155

Dance In A Day

Tuesday 13th February, 10am – 4pm. Ages 6-10yrs, Tickets: £19

A must for all dance fans, and movers & shakers! Expert leaders Justine and Sian will give you the opportunity to learn new dance moves and skills, meet new friends, build confidence and work on a number of short choreographed pieces that will be performed to parents at the end of the day.

<http://www.princeshall.com/event/55202/dance-in-a-day>

Play In A Day – Gangster Granny

Thursday 15th February, 10am – 4pm. Ages 7-11yrs, Tickets: £19

A must for all drama fans! Expert leader Debi Rush will give you the opportunity to learn new theatrical skills, meet new friends, build confidence and work on a short play that will be performed to parents at the end of the day.

<http://www.princeshall.com/event/54601/play-in-a-day>

West End Centre – Half-Term Activities

48 Queen’s Road, Aldershot GU11 3JD. Box office 01252 330 040. www.westendcentre.co.uk

Annual Children’s Festival from Mon 12th – Sat 17th February. With a mix of creative workshops and live performances, the West End Centre’s Children’s Festival is perfect for families who want to enjoy some quality time together during the February half term.

Highlights of the 2018 Festival include: television magicians **Morgan & West** – who promise that their show ‘**More Magic for Kids**’ is ‘Bigger, Bolder and More Brilliant than Before!’. Two performances at 11.30am and 2.30pm on Tuesday 13 February. The show is aimed at children aged 5+ and their families, although younger children are welcome too. Tickets are £8 and can be booked online at www.westendcentre.co.uk or by calling the Box Office.

Children’s writer and illustrator **Nick Sharratt** is hosting his ‘**Big Draw Along**’ at 2.30pm on Thursday 15 February. Nick, whose best-selling picture books include ‘You Choose’, ‘Shark in the Park’ and ‘Pants’ is also the illustrator for Jacqueline Wilson’s phenomenally popular children’s novels. He’ll be showing you how to create your own crazy creatures, giving you tips as you draw along with him. Tickets are £8, online at www.westendcentre.co.uk or by calling the Box Office.

The West End Centre is running **children’s creative workshops** every day throughout the holiday – so whether you want to make a Lego Dinosaur with Bright Bricks, weave a willow sculpture, create a superhero in pottery or learn to play the ukulele. Older children (8+) you can come alone and learn the ukulele, make a copper ring or have a go at the Junior Jhoom! Dance class. Ticket prices range from free events to £12 per child and can be booked online at www.westendcentre.co.uk or by calling the Box Office.

Family Crafts Sessions at the West End Centre on Saturday mornings provide a fantastic opportunity for families to create something amazing together and enjoy some precious quality time. Running from 10.30am-12 noon the sessions cost just £4 per person – and best of all no clearing up all the mess! Why not try Hula Hooping on Sat 24 Feb, or make Pottery Slithery Snakes on Sat 24 Feb or Pottery Hedgehogs on Sat 28 April. The session on Sat 17 May is a special sensory foam session for children with special educational needs and their families.

Runway’s End Outdoor Centre February Half Term Action Adventure days

1 Forge Lane, Aldershot, GU11 2RE

Tuesday 13th and Thursday 15th February - Indoor Archery, Caving, Shooting, Indoor Climbing

Action Adventure Days are back during the February 2018 half term holiday! Multi-activity adventure days offer a taste of Runway’s End best activities. These fun, action packed courses fill up quickly, so please book early. Each day presents a different programme of sessions, which may include climbing, archery, canoeing, caving and much more!

A full day, 9.00am - 5.00pm (drop off from 8.30 - 9.00am), for 8-14 year olds to experience a range of the activities on offer at Runway’s End. Meals / drinks are not provided, please bring a packed lunch, drinks and snacks for the day. Price - £45 per child. For more information and booking:

www.hants.gov.uk/thingstodo/outdoorcentres/familiesgroups/actionadventuredays

Junior Activities at Farnborough Leisure Centre and Aldershot Pools

Farnborough Leisure Centre

Westmead, Farnborough GU14 7LD. Telephone 01252 370 411. Website www.farnboroughleisurecentre.co.uk

NEW Fit For Sport Activity Camp 4-12 years

Places for People partner with Fit For Sport to deliver children's activity camps every school holiday. Fit For Sport has been delivering OFSTED registered camps for children aged between 4-12 years old for 25 years and work with the team to provide the successful Activity Camps at Farnborough. They will be delivering a wide range of activities this holiday making sure kids have fun, make friends and keep moving during the holidays. To book your place this half term visit www.fitforsport.co.uk or call 0845 456 3233.

Swim for £1 in the school holidays

For 16 years and under, swim for just £1 during Hampshire school holidays. Visit the website for details. Registration required.

Family Fun Splash Times

Family Fun Sessions with floats. Monday to Friday 11.00am - 12.00noon and 2.00 - 3.00pm during Holidays *. Call 01252 370 411 or visit www.farnboroughleisurecentre.co.uk for swimming and fun session times.

Children Under 8 Swim FREE – one under 8 free with every full paying adult.

Adventure Reef Soft Play

The soft play centre has an underwater theme. For children under 12 years. Under 5's area with a mini ball pond, wavy slide and soft toy fun. Over 5's area with wavy slides, ball ponds, twisty swings and rope climbs. Height restrictions apply. Socks must be worn and children under 8 must be supervised by an adult at all times.

Junior Gym

11–16 year olds can use the gym between 10.00 - 11.00am and 2.00 - 3.00pm every day* during Hampshire school holidays. An induction session is required. Junior Gym session £4.50, Induction Session £16.00.

Crèche

The fully supervised crèche at Farnborough Leisure Centre is for children aged 8 weeks to 5 years 11 months while you use their facilities. Please call 01252 370 411 or visit the website for the Centre's opening times or more information.

Holidays at Farnborough Bowl

Look out for Holiday Bowling Deals. Call 01252 554 046 for more information or visit www.farnboroughbowl.co.uk
*Please visit www.farnboroughleisurecentre.co.uk or call 01252 370 411 for Holiday Opening Times.

Aldershot Pools

Guildford Road, Aldershot GU12 4BP. Telephone 01252 323 482. Website www.aldershotpoolscomplex.co.uk.

Swim for £1 in the school holidays

For 16 years and under, swim for just £1 during Hampshire school holidays. Visit the website for details. Registration required.

Family Splash Times

Family Fun Sessions with floats. Monday to Friday 3.00 - 4.00pm during Half Term*. Call or visit the website for swimming and fun session times.

Junior Gym

11–16 year olds can use the gym between 10.00am - 2.00pm Monday to Thursday and Saturdays during Hampshire school holidays*. An induction session is required. Junior Gym session £4.50, Induction Session £16.00.

*Please visit www.aldershotpoolscomplex.co.uk or call 01252 323 482 for Holiday Opening Times.

Alpine Snowsports – Holiday Programme

Gallwey Road, Aldershot GU11 2DD. Website for dates and details of various Ski camp dates and holiday activities is <http://activenation.org.uk/venues/alpine-snowsports-centre-aldershot/school-holidays/>
Email bookings@alpinesnowsports.co.uk Please call to pre-book on 01252 325 889. Please bring long sleeves, long trousers and gloves & dress for the weather for all activities.

Ski beginner Hours 1 & 2, 3 & 4, 5 & 6 (8 – 16 year olds) £25 per session. These 2-hour ski sessions are available at three different stages. **Hours 1 & 2** is aimed at complete beginners and will teach how to slide in a straight line, how to side step and will start to look at snowplough. **Hours 3 & 4** covers snowploughing and introduces the ski lift as well as developing improved balance and control. **Hours 5 & 6** consolidates ploughing skills and develops linked snowplough turns. Sessions can be all taken in one day or spread in order over 2 or 3 days – you decide (based upon availability)

Monday 12th, Tuesday 13th, Wednesday 14th, and Friday 15th February

- Ski Beginner Hours 1 & 2 9.30 - 11.30am
- Ski Beginner Hours 3 & 4 12.00 - 2.00pm
- Ski Beginner Hours 5 & 6 3.00 - 5.00pm

£50 - 1 Day Activity Camps (8-16 years). (drop off from 09.00), these camps are a full day of fun filled action! Throughout the day you will experience the thrill of Skiing, Snowboarding, X-Bob Toboggans, Donutting and team games. For all abilities from beginner onwards, these camps are a great way to keep children active. Bring a packed lunch.

Thursday 15th February 9.30am - 5.00pm

Snowboard beginner Hours 1 & 2, 3 & 4 (8 – 16year olds) £25 per session.

Each session is 2 hours in duration. **Hours 1 & 2** is aimed at complete beginners and covers balance and posture drills, straight running, heel edge side slip and using the lift. **Hours 3 & 4** finishes and includes toe edge side slip, falling leaf and introduction to turns.

- **Tuesday 13th February** Snowboard Beginner Hours 1 & 2 - 1.15pm - 3.15pm.
- **Tuesday 13th February** Snowboard Beginner Hours 3 & 4 - 3.45pm - 5.45pm.

To book call **01252 325 889** anytime 10.00am - 8.30pm Monday to Friday and 10.30am - 5.30pm weekends.

Shots February Half-Term Soccer Camp

Monday 12th – Friday 16th February, 9.30am – 4.30pm. Alderwood School, Tongham Road, Aldershot, GU12 4AS.

Ages 6-14 years. Holiday fun with UEFA qualified coaches. £15 per day, £60 for the week. Themed days. Play like David De Gea, Vincent Kompany, Lionel Messi or Harry Kane. Includes a visit from Aldershot Town FC players. Please bring kit, boots, water bottle and packed lunch. To book please contact Mark Simmons, Shots Foundation Manager mark.simmons@shotsfoundation.org or call 07825 688 168.

Aldershot FC – Shots Girls Football Sessions

Sundays, 10 – 11am. St Joseph’s Primary School, Bridge Road, Aldershot GU11 3DD.

Ages 5-11 years. Delivered by UEFA qualified Coaches. Turn up and play (£2 each week). Participants get to learn new football skills, have fun and make new friends. For more information please contact Mark Simmons, Shots Foundation Manager mark.simmons@shotsfoundation.org or call 07825 688 168.

Rushmoor Gymnastics Academy

Pool Road, Aldershot, GU11 3SN. Phone: 01252 320 888 Email: Bernie@rushgym.co.uk

Playgym will be running at its normal times during half-term 12th - 16th February, 9.30-10.30am and 1.30-2.30pm. Strictly for children 5 years and under.

For details of this year's Easter Camp, 1st - 6th April, and Easter Holiday Courses, contact Bernie@rushgym.co.uk

Farnborough Fins Swimming Club (FSC)

FSC is a not for profit, community-based company providing swimming lessons, subsidised school swimming programmes and teacher training courses alongside the Amateur Swimming Association (ASA). FSC also works alongside Hampshire County Council for children with Gateway cards. **It's Fins 20th anniversary this year. For updates and information on upcoming events find Fins on Facebook.**

Tel: 07944 165 604. Email office@finsswimmingclub.org Website www.finsswimmingclub.org

Swimming Lessons

FSC enrolls new swimmers into lessons at any time in the year, subject to availability. Lessons run 7 days a week across three venues for beginners to advanced swimmers of all ages, with lessons for babies, pre-schoolers, school age children and adults. New classes continually opening, please check!

Half Term Intensive Lessons

Over the half term there will be group and 1-1 crash courses. Lessons will run from Monday 12th to Friday 16th February for half an hour. These courses are open to everyone, including those who do not currently swim at Fins.

Group Sessions

Over the February half term FSC offer a **reduced price** for their Group sessions in conjunction with the teacher training course. The lessons will be run by a Level 2 teacher and assisted by a teacher in training. With small classes and high teacher to child ratios, these 5-day courses are a great way to boost your child's water confidence and swimming ability! There will be pre-school classes, beginner classes and classes for abilities up to and including Stage 4. The course **is not** suitable for nervous beginners. Kings International College, 9.30 – 11.00am, Cost: £25 for the week.

1-1 Sessions

Lessons are set in a calm environment where lessons can be **tailored to the individual swimmer**. A maximum of 5 sessions will run at one time with a teacher in the water per class. The course is open to those of any ability or age. The venue is Kings International College, they have availability between 8.00 - 9.30am and 1.00 - 4.00pm, Cost: £90 for the week.

Bespoke Subsidised School Swimming Programmes

FSC offers bespoke School Swimming programmes where local schools can benefit from free pool time using FSC teachers, or subsidised lessons run by their own qualified teachers. This scheme ensures that budgets are maximised and that children receive the very best experience in the lifesaving skill of swimming.

Aldershot Town Football in the Community Trust – Half-term Football

February half-term football course, Tuesday 13th to Thursday 15th, 10am - 3pm at Oakley Park, Fleet Football coaching for 5 to 15 year olds of all skill levels. £15 per day or £40 for one week. Skills development, matches and a chance to win trophies and medals! Managed by F.A. qualified Aldershot Town Community Trust staff.

To book a place, or for more information, please email fitc@aldershottownfitc.co.uk or visit www.aldershottownfitc.co.uk

Activities at Farnborough Library

Farnborough Library, Pinehurst Roundabout, Farnborough GU14 7JZ. Tel. 0845 603 5631

Winter Reading Challenge

There's still time to join the Hampshire Libraries Winter Reading Challenge at Farnborough Library! Running until **26th February**, all you have to do is read 4 books within 4 weeks and you will get 4 wintery stickers and a certificate with your name on it! Pop into the library for more details and to pick up your Winter Reading Challenge booklet.

Free Children's Activities at Farnborough Library

Storytime: Every Tuesday 10.30am-11.00am, for ages 2-4 years

Baby Bounce & Rhymetime: Every Thursday 2.15pm-2.45pm, for ages 0-2 years

Saturday Storytime and Craft session: First Saturday of every month 10.30am-11.30am, for ages 4-8 years

Let's Build! Construction Club: Second Saturday of every month 10.30am-11.30am, for ages 3+ years

Budding Bookworms: Third Saturday of every month 10.30-11.30am, for ages 4+ years

PAG Family Festival 2018 – Monday 12th February

48 Queen's Road, Aldershot GU11 3JD. Box office 01252 330 040. www.westendcentre.co.uk

10.30am - 3.30pm (With breaks – bring packed lunch!). **Book in advance! Dance, Music and Craft for special needs children and their families. Take part in the end of day finale!** £5 per head for the day (including adults).

BANGRA BEATS WITH SOCO MUSIC PROJECT - Drum workshop for everyone, whatever your age or ability.

BOLLYWOOD DANCE WITH ANNABEL - Everyone gets to wear a shimmy!

GET CRAFTY! WITH KATH - Create costume jewellery and shakers for the Bollywood Blitz finale!

BAG BOOK STORYTIME! WITH HELGA - Exceptional sensory stories that reach every child, in the chill out zone

PAG'S Complementary therapists and Face Painters free of charge to centre users throughout the day

Finale of music and dance begins at 3.00 pm – everyone takes part!

Children remain the responsibility of their adults at all times. For more info, call Heather on 07748 704 704

NEWS FROM AND FOR RUSHMOOR SCHOOLS & COLLEGES

Rushmoor In Bloom 2018

The popular Rushmoor in Bloom Schools Competition will be running again this year. Sponsored by Squire's garden centre in Badshot Lea, local schools are invited to get involved with a variety of categories including Best Grounds for Birds, Garden of the Future and Best Edible Patch. There is also a fun best picture competition.

Last year saw 22 Schools and pre-schools enjoy the competition. Schools can enter just one or a number of categories. Entry is free and forms will be available from mid-March. There will be a launch event at Squires Garden Centre on Wednesday 25 April. Judging takes place in late June and prizes are awarded at a special presentation in September.

If you would like to enter this year's competition but would appreciate a helping hand, the Council's contractor Serco are offering an opportunity to assist schools to get their gardens in shape for Summer. They are able to offer advice visits or some man hours to help you get the job done! To discuss your gardening needs please email Serco's Grounds Maintenance Manager, Andrew.bloomfield1@serco.com or call 07718 194 026.

For more information about Rushmoor in Bloom in 2018, visit www.rushmoor.gov.uk/rushmoorinbloom, email lisa.thornett@rushmoor.gov.uk or call 01252 398 005.

Farnborough College of Technology

Upcoming Open Events

Prospective students can visit the College on **Wednesday 21st February anytime between 4pm and 7.30pm** to discover Vocational Courses, A Levels and Apprenticeships. These events are especially suitable for students in Years 10 and 11 looking for their post-GCSE options.

There are also Open Events at University Centre Farnborough, based at Farnborough College of Technology. FCOT offer degrees accredited by the University of Surrey plus a variety of Higher Education level courses. **Wednesday 14th March between 4pm and 7.30pm.**

Aldershot College, the home of construction training for Farnborough College of Technology students, also hosts Open Events. Prospective students can visit on **Wednesday 28th February anytime between 4pm and 7.30pm** to look at their options in training for a trade.

Visitors to Open Events can preregister at www.farn-ct.ac.uk/events or simply arrive on the day.

Farnborough College of Technology, Boundary Road, Farnborough GU14 6SB
Aldershot Construction College, Unit 2, Holder Road, Aldershot GU12 4PQ

FCOT are offering support to students who would like to apply to study with them this September. Students can visit the College and apply using a college computer with help available if needed. Their next application sessions will take place on **Thursday 22nd March, Thursday 19th April and Thursday 17th May between 4pm and 7pm.**

Apprentice Lands Trophy in National Awards Ceremony

Tom Schwenke, an apprentice at Philips Lighting, has been awarded in the South East category of the National Apprenticeship Awards. Alex Ierardi, Tom's assessor, nominated him for the award due to his outstanding work within his apprenticeship with Philips Lighting.

Tom received his award at the National Apprenticeship awards ceremony held at St Pauls, Aldersgate Conference Centre. The National Apprenticeship Awards search annually for apprentices who have made a real difference to the organisation they work in, by exceeding expectations and delivering measurable benefits to their companies.

Business Leaders Share Career Journeys

Students from FCOT's Business, Computing, and Travel and Tourism programmes are now even more inspired to carve a career for themselves, after hearing the stories behind the careers of three successful business leaders. The three speakers visited students to share their journeys, beginning from when they were the same age as the students in front of them, right up until the present day. Talking to the students were Liam O'Brien from Salesforce, Rodger Seaman from Business Class Coaching Ltd and Jim McDonnell from Guidewell Marketing. As well as hearing from industry leaders within college, students also take on two weeks of work placements where they experience the workplace first-hand, attend careers fairs and have access to impartial careers advisers within the College.

FREE Twilight CPD event for Secondary School Science Teachers

Thursday 1 March 2018, 4.30pm-6.30pm, Milestones Museum, Basingstoke

Join the Reaching Out! Museum Education Partnership for North Hampshire and learn more about their Science based learning programmes available in the Hampshire area. They will also be joined by national partner the **Science Museum** who will be delivering a one-off outreach session, **Facilitation using museum objects**. During this hands-on session, the Science Museum's experienced teacher training team will share their top facilitation techniques to help you engage your students with science. Using museum objects, they will discuss ways you can build your students' enquiry skills and help them make personal connections to your curriculum content.

To book a free place [click here](#). For more information please email: reachingout@hampshireculturaltrust.org.uk

Fernhill Primary – ‘Outdoor Improvements’ Give & Get Day with CMPP

Last year, a group of volunteers from across the CMPP partnership including, Aviator, Capquest, TAG and UK Cloud embarked on an adventure to tidy up some outdoor areas at Fernhill Primary School.

The whole day was a huge success with volunteers getting stuck into all tasks including weeding, raking, digging, weeding and some painting. What was an overgrown, full to the brim jungle of weeds, has now been brought back to its beautiful clean state, ready for children to enjoy learning and playing outside.

Ruth Griffiths, Headteacher at Fernhill Primary School commented: *‘I can’t believe how fantastic our school looks after the hard work of your volunteers! Everyone worked incredibly hard and we are extremely grateful for everything they achieved, particularly on such a horrible day. A huge thanks to CMPP and their volunteers!’*

Leighton James, Director of Cloud & Strategy Products at UKCloud, said: *‘I was delighted to be given the opportunity by CMPP to help out at Fernhill Primary School. Although the rain was relentless, the group of volunteers persevered knowing that we were making a genuine difference to the staff and children. It’s a great feeling to support the local community and be part of a simple but effective transformation of the school’s environment.’*

If you have a project you’d like to get finished, get in contact with CMPP today to see how they could support you. Interested in volunteering for CMPP? Visit www.cmpp.org.uk for more information on how to get involved.

6th Form College Farnborough – Open Day, 7th February

The Sixth Form College Farnborough will be holding an Open Afternoon on **Wednesday 7th February, 2.00-4.00pm** Spaces are limited and must be booked [here](#). If you are still deciding on your next steps please do come along, meet the College Principal and find out what Farnborough has to offer.

It's not too late to apply to join the College from September 2018 - visit www.farnborough.ac.uk and apply online.

Serco Recycling Projects and Serco Commercial Services for Rushmoor Schools

In August 2017, Serco was appointed as Rushmoor Borough Council’s Waste and Recycling Contractor. Under the Partnership Serco have developed a whole programme of lessons, assemblies, hands-on experiments and interactive outdoor sessions available to pupils, as well as a whole range of Commercial Services for the school. They can tailor recycling information to your needs, often for Primary Schools (KS1 and KS2) they bring a recycling vehicle into the school playground, encouraging children to look around the vehicle and ask questions, which is highly effective. This is usually run alongside a Recycling Poster Competition.

Serco would like to visit schools in the borough at no cost to schools to discuss educational resources available and talk to you about the commercial services they can offer you.

They can provide:

- Waste and Recycling Collections
- Landscape Services (sports pitch maintenance, grass-cutting, line painting, horticulture and arboriculture)
- Play Area Services (redesign, refurbishment, design, construction, supply, installation, inspection and maintenance)
- Cleansing (sweeping, weed control, bin washing and pressure washing)

For **Educational Resources** - details are available from Robert Noble, Rushmoor Contract Manager, at robert.noble@serco.com

To discuss your **Commercial Service** requirements please contact Anna Fraser, Commercial Manager (Rushmoor), at anna.fraser@serco.com

Serco can adapt the educational information and commercial services to the needs of individual schools, as well as uniformed organisations, youth groups, Residents associations, etc.

NEWS FROM PARTNER ORGANISATIONS AND GROUPS

Family Support Service Taster day

Wanting to nominate a parent or carer onto a Family Support Service course but do not know much about the courses or which one to choose? Come along to the Hart and Rushmoor Family Support Service Taster day!

The aim is to enable professionals to strengthen their knowledge regarding the interventions being offered by the Family Support Service. **Wednesday 21st February 2018**, 9.00am - 4.00pm

Pop into a session that you want to know more about or come along for the day.

Venues: Park Children's Centre, Gloucester Road, Aldershot GU11 3SL

Turners Wood Children's Centre, Elvetham Heath, Fleet GU51 1GX

Session Time	Sessions at Park Childrens Centre	Session Time	Session at Turners Wood Childrens Centre
9:15 – 10:00am	Nurturing Programme -----or----- HENRY		
10:15 – 11:00am	You Matters -----or----- Priority Groups	10:15 – 11:00am	SOS
11:15 – 12:00	Incredible Years -----or----- PEEP & PEEP on Talking	11:15-12:00	Talking Teens
12:15 – 1:00pm		12:15 – 1:00pm	Speakeasy
1:15 – 2:00pm	SOS -----	1:15 – 2:00pm	PEEP & PEEP on Talking
2:15 – 3:00pm	Speakeasy -----or----- Talking Teens	2:15 – 3:00pm	Incredible Years

To book please contact Faye Powell on **01252 814 700** or email to book for sessions faye.powell@hants.gov.uk
Booking is essential as spaces are limited. A maximum of two representatives from each setting please.

Mustard Seed Autism Trust

Some exciting news for Mustard Seed Autism Trust! They have a charity single being released very soon!
 Emily Bollon, Founder & Creative Director of 'Motivation By Music' has recorded a song with her choir. The song 'Sun-kissed Bridge' was written by Emily and recorded at Guildford University in January.

It will soon be available to download on the Motivation By Music website:
www.motivationbymusic.com with all donations going to Mustard Seed Autism Trust! More information can be found on Mustard Seed's Facebook page and website.

Community Matters Partnership Project (CMPP)

Need business support for a careers event? Want industry experts for your Mock Interview Days? Simply looking to expand links with local businesses and employees? Get in contact with CMPP today!

CMPP are here to help with a range of events that raise the aspirations of local young people. Have an event in mind that CMPP can help with? Please email Jenna Grant (jgrant@cmpp.org.uk) for more information on how CMPP can support schools and colleges.

CMPP Christmas Food and Gift Drive

Following the success of last year's Christmas Food Drive, CMPP partners embarked on their third Christmas food collection for the Farnborough Foodbank. The collection helps some of the most deprived families and individuals living in the community. An incredible 1055kgs of canned and tinned items, selection boxes, toiletries and baby products were donated! This included toilet rolls, nappies, toothbrushes, can openers, feminine hygiene products, ladies and gents toiletries, children's scarves and hats, chocolate advent calendars, Christmas puddings, mince pies and so much more.

Their annual Christmas Gift Drive which ran from the 2nd November to the 8th December. Following the success of last year's Drive, CMPP partners embarked on their gift collection for local charities, youth centres, hospices and hospitals which support many of the most deprived families and young people in the community. This year, an incredible 946 gifts were donated through CMPP partner employees, equatable to an estimated value of £14,190! Gifts donated included toys, books, sweets, games, toiletries, pjs, vouchers and so much more!

If you would like to get involved with CMPP's Christmas Toy and Gift Drive next year please visit www.cmpp.org.uk or email jgrant@cmpp.org.uk for more information on how to get involved.

3rd Farnborough Scout Group – Beavers, Cubs, and Scouts

3rd Farnborough Scout Group has places for children – boys and girls, aged between 6 and 14. To find out more, please visit www.3rdfarnboroughscoutgroup.org.uk or call Iain Roy on 07795 121 731.

Beavers meet on a Monday evening at their Scout HQ on Sand Hill 5.30pm – 6.30pm

Beaver Scouts are the youngest members aged between 5½ and 8. They meet weekly to take part in a wide range of activities including games, crafts, singing, visits, and good turns, along with plenty of outdoor activities. The Beavers also have the opportunity to take part in the fun and excitement of sleepovers and camps. It may be the first time they spend a night away from home so it's a real adventure for them!

Upcoming events include Donutting, Spring Camp, Camp fires, Sports Day, and Archery.

Cubs meet on a Monday evening at their Scout HQ on Sand Hill 5.45pm – 7.15pm

For Cubs, excitement and adventure are key. The Cubs – aged between 8 and 10½, take part in a wide range of activities designed to be interesting and challenging. They meet weekly during school term and meetings consist of games and activities with plenty of time spent outdoors. Camps and days out are some of the most memorable events of the year for Cubs.

Upcoming events include Donutting, Archery, Cooking Challenges, Entertainers Badge Day, Sports Day, and Summer Camp.

Scouts meet on a Thursday evening at their Scout HQ on Sand Hill 6.30pm – 8.30pm

For Scouts, outdoor activities feature prominently with the highlight being camping. Throughout the year, Scouts learn various skills such as map reading, camp cooking, and first aid. Rock climbing, archery, rifle shooting, pot holing, raft racing, photography, and caving are just some of the things the Scouts get up to.

Upcoming events include Night Hike, Spring Camp, Archery, Donutting, Incident Challenge, Sports Day, Raft Race, and Summer Camp.

Hart and Rushmoor Family Support Service – Parenthood Courses

Do you work with a parent / carer who needs advice, guidance and support to meet the challenges of parenthood?

Enrolling on one of the Family Support Service courses could be the answer they've been looking for! They have a range of courses that will suit parents/carers of children 0-19 years (up to 25 for SEN).

Courses are designed to meet the challenges faced by all parents on the journey of a child's lifetime. These can range from an hour's workshop to a 12-week course. The range of courses covers early communication, challenging behaviours, understanding teenagers, sexual health and healthy eating.

If a parent who lives in Hart or Rushmoor, would like to be referred, please complete the Level 2 request for support form which can be requested from hartandrushmoor.earlyhelp@hants.gov.uk, and ask the parent to sign before returning to the FSS team at the same email address. Or, post to either Park Children's Centre or Turners Wood Children's Centre. Their highly trained and friendly team look forward to welcoming your parents.

PEBL Update

PEBL Grants Pots

Individuals or community groups based on the Prospect Estate can apply for a PEBL (Prospect Estate Big Local) grant to help run a new local project that will benefit Prospect Estate residents. Applications can be made for between £100 and £500 (in exceptional circumstances £1,000 may be awarded).

Email pebl.coordinator@gmail.com or call 07879 384 014

PEBL Internet Café

Are you a resident of the Prospect Estate? Then come along and enjoy free refreshments, advice, support and Wi-Fi. Develop new skills or just keep in touch with family and friends. Every Saturday 10am – 12noon at the Prospect Community Centre. Email pebl.coordinator@gmail.com or call 07879 384 014

PEBL Money Advice

Free confidential, individual advice in all areas of money management including banking, budgeting and claiming benefits for residents of the Prospect Estate. Every Wednesday 10am - 3.30pm at the Prospect Community Centre.

Email pebl@rushmoorcab.org.uk or call 07468 860 450

PEBL Skills Café

PEBL's friendly team welcomes Prospect Estate residents for a chat over coffee. Come along and identify your skills as well as develop new ones, write a perfect CV, make job applications, and prepare for interviews.

Just drop in...no appointment necessary. Every Wednesday 10am - 3.30pm at the Prospect Community Centre.

Email skillscafe@pebl.info or call 07340 017 342

PEBL's Knit and Natter.

All welcome. Free entry! Good company! Free tea and biscuits! Come along and make new friends while knitting and nattering. 2nd and 4th Tuesdays of the month from 2.00 – 4.00pm at the Prospect Community Centre.

Email pebl.coordinator@gmail.com or call 07879 384 014

Unsafe to Safe

One-to-one support is available for young people aged 13 to 25 with a connection to the Prospect Estate. To have a chat and see how they can help with problems, troubles or worries, please call or text 07468 538 412 or Email

tracy@creatingfutures.org

PEBL's After School Reading Club

Children aged 4 ½ to 11 from Cherrywood School come in and discuss/read books that PEBL provide. They have the opportunity to practice their reading and parents can see how they can do this at home with their children.

Maureen Cole and Karen Bowman from PEBL read with up to 4 children each on Thursdays.

ICE Project – Inspire, Create, Exchange @ the West End Centre

As part of a series of projects across the county, the West End Centre and Breakout Youth are running a project from February - March for a small group of **LGBTQ+ young people aged 11 – 18** in the area. The young people can either identify as LGBTQ+, or just be curious and want to find out more, or looking to better support their friends and family.

INSPIRE day: Thurs 15th Feb from 10.30am – 4.30pm

Young people will take part in arts activities, hear from professionals within the LGBTQ+ community, and Breakout Youth, a support service for LGBTQ+ young people. Learn more about the project and whether they wish to take part.

CREATE: Fri 16th Feb 10.30am – 4.30pm, then Friday evenings 6-8pm, 23rd Feb – 23rd March

With artist Fatima Pantoja (recently seen on Sky's Landscape Artist of the Year) and support from Breakout Youth, young people will explore their identity through art, raising their confidence and receiving specialist support.

Weds 21st March: 'Testosterone' an acclaimed theatre show by Rhum and Clay at the West End Centre

EXCHANGE:

Exhibition of work at the Aldershot Military Museum from Sat 31st March, International Transgender Day of Visibility

Pizza will be provided at every session. The aim is for the project to progress into a long term LGBTQ+ youth group in the area.

If you know of anyone who might be interested, please contact Jennifer Upstill at the West End Centre - Jennifer.Upstill@hampshireculturaltrust.org.uk

Inclusion Hampshire - New Courses in March

Inclusion Hampshire will be releasing two new courses in March aimed at both Parents/Carers and Professionals. Further details and bookings can be found on their website over the coming weeks

<https://www.inclusionhampshire.org.uk/>

Tuesday 6th March 2018	Anxiety	For Professionals
Tuesday 13 th March 2018	De-escalation	For Professionals
Tuesday 20 th March 2018	Anxiety	For Parents/Carers
Tuesday 27 th March 2018	De-escalation	For Parents/Carers

Should you require any assistance please do not hesitate to call their office on 01256 760 800.

Inclusion Hampshire, Office 5, The Clock Tower, Chineham Shopping Centre, Chineham, Basingstoke, RG24 8BQ. Tel; 01256 760 800.

Hawley Community Garden – Spring Opening for Outdoor Classroom

Hawley Community Garden (HCG), Prince Charles Crescent, Farnborough GU14 8DL

From Spring 2018 HCG will be welcoming groups to use the outdoor classroom. School pupils, Cubs and Brownies, college students and community groups will be able to book a half day for up to 20 people. For the primary offer they have kits for bug hunting and pond dipping, as well as opportunities to help in the garden. For others, the garden is based on permaculture principles, growing communities alongside the veg. You have the opportunity to learn about the principles and socialise together.

Looking ahead, they plan to have regular community eat outs, build a clay oven and hold a variety of workshops on site for all the family. There are facilities for hot drinks, a dry compost toilet, plus plenty of seating. Check out the Facebook page for updates and when they will be open for bookings.

Email hawleycommunitygarden2017@gmail.com

Free Weight Watchers sessions

Access to this offer is open to anyone resident in Hampshire and with a BMI 30+ (or a BMI of 28+ if of BME background or with a pre-existing comorbidity).

Eligible residents can call Weight Watchers to arrange to attend, for free, twelve coached group-sessions at a local venue. Access is also available to a remote app based level of support if this is preferred. These are running continually so you join anytime and enjoy twelve weeks of support. To register, **call 0345 602 7068 and quote WWRS095/Magazine.**

Farnborough Rotary Club

Farnborough Rotary Club has an established and growing programme of events and activities for young people with business, vocational and cultural aspects.

Interview Practice and Business Skills: The business expertise that exists within the Club is being put to use within our local community, with members sharing their knowledge to help students understand the many challenges they face in the employment world. They have a wide range of people with both career and business skills, which they believe would help and encourage your young students.

In recent years, the Club has been successfully helping students of all ages in local schools with **Mock Interviews, Enterprise Challenges** and an **Aspiration Week**. These activities are aimed at all ages including primary schools. They can also help to organise **Skills Festivals** where groups can visit about four business stalls for 30 minutes and conduct a task while learning about a job, career or higher education opportunities.

During the past year, they have provided around 150 man-hours of support to several local schools with mock interviews. Like the schools, they believe this is invaluable support to the students as they approach their first interviews. They remain committed to this service and would welcome further requests for help.

If you feel that your school could benefit, and you would like some help with these ideas or any other business issues please contact Charlie Fraser-Fleming who would be very happy to organise a visit by club members to discuss possibilities and needs. This can be done at any time in the school year. However, please give as much notice as you can. Contact Charlie Fraser-Fleming at charlie_ff@outlook.com 07714 322 352.

The 2017/2018 **Rotary Young Chef Competition** is well underway. If you are interested in taking part in next year's competition please contact Jan Bowen for further details at jan.bowen1331@gmail.com

RVS Home Help – Vacancies for new clients available

RVS Home Help is a not for profit service set up to provide light housework and shopping to frail and elderly people living in Farnborough, Aldershot and parts of Hart.

Referrals for the service can be made by individuals, family members or from GPs, Social workers and other agencies. Priority is to offer the service to the most frail and elderly to enable people to remain independent and in their own home for as long as possible. RVS Home Help is a 'paid for' service charged at a competitive £12.00 per hour.

All employees are suitably trained and are checked for criminal records before employment. For many clients the Home Help is the only person they see from one week to the next – this is a very important aspect of the service as it helps to keep clients in touch and having somebody to see them each week. RVS Home Help are supporting over 300 people in the area and are able to take on new clients.

If you know of anybody in the Rushmoor area who may benefit from receiving some help in the home or shopping, please call 01252 370 500 or send an email to homehelp@rvs.org.uk - further details can be found on <https://www.rvs.org.uk/individual-support/home-help-2/>

TRAINING AVAILABLE

Traineeship Plus – Starting March 2018

Health and Social Care, Construction (18+), Business Admin and more

Do you know a young person keen to get their first job, but who needs a helping hand? Hampshire Futures' Traineeship Plus Programme is running again in March and applications are now open.

Traineeship Plus helps young people who are keen to work but lack the skills and experience that employers are looking for. The programme gives them the opportunity to undertake a three-month work placement in lots of different areas so their move into employment is not as daunting. At the same time, they gain support from dedicated tutors to improve their English and maths and attain an employability qualification.

Many trainees have gone on to secure apprenticeship opportunities within Hampshire County Council, and Hampshire Futures aims to ensure the young people benefiting from the programme have suitable opportunities for progression before they complete the course.

Applicants must hold a minimum grade D or level 3 in GCSE English or maths (non-GCSE qualifications are considered on an individual basis).

For more information, and to download an application form, visit www.hants.gov.uk/yourfuture - alternatively, email hyip@hants.gov.uk or phone 01962 846 193.

British Red Cross Everyday First Aid – courses for groups

The British Red Cross offer groups a two hour First Aid course to teach a few simple skills that could save someone's life. The cost is £60 for group sessions. They will come to your venue to deliver this course. For more information please contact: Becky Paton on 07590 445 388 or email: bpaton@redcross.org.uk

Rushmoor Voluntary Services Training Opportunities

Emergency First Aider at Work 2018

Wednesday, 21 st March	Wednesday, 4 th July
Wednesday, 10 th October	Wednesday, 5 th December

9.00am - 4.00pm, cost £50.00

Farnborough Community Centre, Meudon Avenue, Farnborough GU14 7LE

Emergency First Aider at work is regulated by HSE and effectively replaces the Appointed Person Course - Certification is valid for 3 years with HSE approval (No 38/04)

For more information and a booking form, please call 01252 540 162 or email: support@rvs.org.uk

'MiDAS Training' (Mini-Bus Driver Awareness Scheme)

Wednesday, 14 th February	Full (was a Refresher)
Wednesday, 21 st March	Refresher (was a Full course)
Wednesday, 11 th April	Refresher

Costs: Full Courses:

RVS members: £55 (non accessible) and £70 (accessible)

Non-members: £65 (non accessible) and £80 (accessible)

Refresher Courses:

RVS members: £35 (non accessible) and £50 (accessible)

Non-members: £40 (non accessible) and £55 (accessible)

Farnborough Community Centre, Meudon Ave, Farnborough GU14 7LE

Accessible training enables the driver to use the tail lift and take wheelchair passengers. The Trainer will arrange a suitable date and time for the driving assessment.

For more information, please contact Viv on 01252 540 162 or email: viv@rvs.org.uk

Accredited Food Hygiene

Accredited Food Hygiene Courses are facilitated by Rushmoor Borough Council. Cost is £40 for a three-hour course. The Food Safety in Catering Course is a level 2 equivalent certificated course for anyone working in a catering setting where food is prepared, cooked and handled. The course is aimed at volunteers and people working with voluntary and community groups. To book your place(s) please contact Sue Clements, Environmental Health and Housing Services, Rushmoor Borough Council, Council Offices, Farnborough Road, Farnborough, Hants, GU14 7JU, telephone 01252 398 139 or email the required information to sue.clements@rushmoor.gov.uk

Hampshire EMTAS / RADE - Creating Culturally Inclusive Communities Within EY Education

14th March 2018 at Princes Hall, Aldershot. A one-day course for Early Years practitioners (EYFS) including Reception Class Teachers - **Creating culturally inclusive communities within Early Years education**

The aim is to promote awareness of and celebrate diversity within our own communities and in the wider world. The course will be a mix of practical activities and presentation.

Presented by Hampshire Ethnic Minority and Traveller Achievement Service in partnership with Rights and Diversity Education (RADE). Course code: EYFS0952. For more information log on to:

<https://learningzone.hants.gov.uk/learningzone/course.aspx?courseid=50042>

FUNDING & GRANTS CURRENTLY AVAILABLE

Rushmoor Borough Council Grants

Grants recently awarded from Rushmoor Borough Council funds include:

- 1st Crookham Scout Group - £2,400 for a traversing wall in their compound (Farnborough airport fund)
- Pinewood Infant School - £5,583 for Jolly Roger pirate play equipment (Farnborough airport fund)
- Alderwood School Afterschool Club - £500 for Lantern workshops (Ward Community grant)
- Spotlight UK - £800 for a dance project culminating with performances in the West End (Community grant)
- Aldershot Town & District Football in the Community Trust - £1,000 for Reaching for the Stars project with young people (Community grant)
- Mayfield Community Partnership - £1,000 for a dry compost toilet at Hawley Community Garden (Uniting Communities grant)
- Rowhill School - £1,000 for uniform to lend to pupils while they attend the school (Uniting Communities grant)

For more details and to apply online go to <http://www.rushmoor.gov.uk/grants>

Rushmoor Community Lottery

The Rushmoor Community Lottery is up and running. Sports clubs, community groups, schools, PTAs and pre-schools can sign up as a good cause to benefit from the lottery. Check out the selection criteria on the website: www.rushmoorlottery.co.uk. Currently the lottery is on track to raise over £24,000 for good causes across Rushmoor.

In the first four months:

- 15,298 tickets were sold
- £9,624 was raised for good causes in Rushmoor
- 70 Good Causes were approved
- 1 lucky player won £250
- 36 players won £25
- 303 players won 3 extra tickets

Sign your group up to the lottery and receive 50p for every £1 ticket that your supporters buy, plus a further 10p from every ticket sold goes to the Community Fund which will be shared with good causes.

If you have any questions about the lottery, please email rushmoorcommunitylottery@rushmoor.gov.uk or call 01252 279 727.

Hampshire & IOW Community fund Grants now open

All the funds below are **now open**, please take a look at <http://www.hiwcf.com/grants/> to see if your charity, community group or voluntary organisation is eligible to apply for a grant:

The **Youth Mental Health Fund** supports proven programs of delivery offering advice and help on youth mental wellbeing problems, including depression, anxiety and stress, as well as projects that support the development of emotional resilience in children and youth. Grants of between £3,000-£6,000 are available.

The **Youth Social Action Fund** aims to raise the level and quality of youth social action involving activities such as campaigning, fundraising and volunteering, all of which enable participants to make a positive difference to their communities. Grants of £1,000-£5,000 are available.

The **Small Grants Small Items Fund** provides grants of £250-£500 for small essential items such as new chairs or a cooker for a luncheon club, also covering volunteer expenses, hall hire for group meetings and events that bring the community together.

The **Comic Relief - Core Strength – Local Communities Fund** provides funding of between £1,000-£10,000 for groups' core costs – meaning expenditure that is not connected to delivering projects but focusing on investing in the organisation as a whole, including basic running costs to enable groups to carry out their much needed work in local communities.

The **Wellbeing and Health Fund** focuses on local community projects that address the challenges of obesity, emotional wellbeing, mental health, isolation and loneliness, offering grants of £1,000-£5,000.

The **Michael Austin Harlick Sports Awards** provide assistance to sport organisations towards the cost of awards that recognise the sporting achievements of young people in Hampshire, and are available to help with the purchase of challenge cups, individual medals, team award and colours, with grants ranging from £200-£1,000.

For more information and to apply, please go to: <http://www.hiwcf.com/grants/>

CMPP – Give & Get Days

Is your school in need of a revamp? Need a helping hand with an overdue garden or classroom project? CMPP are here to help get that project back on track.

Apply for a G&G day today! Simple tell CMPP what you need and they will do their best to match you up with a company who have the skills to complete your project. Volunteer field teams will range from 5-25 employee volunteers (and can be both skilled and non-skilled, depending on the project in question).

If needed, CMPP are also able to offer £500 for resources or materials needed for your idea. All applications received will be emailed to the Partners of CMPP for consideration. They cannot guarantee that your project will be sourced but they will try to get you as much support as possible.

Ideas might include: gardening or allotment projects within your school grounds, painting and renovation projects of youth charities or social enterprises, conservation projects that work with young people on local resources, education and business clean-up days, mentoring programmes, mock interviews, literacy projects, careers events and inspirational talks to name just a few....

For more information please contact jgrant@cmpp.org.uk or to apply for a G&G day:

<http://cmpp.org.uk/contact/givegetday>

Awards for All

Awards for All offers grants of between £300 and £10,000 for grassroots and community activity that aims to improve life for local people and neighbourhoods. <https://www.biglotteryfund.org.uk/global-content/programmes/england/awards-for-all-england>

Lloyds Bank Foundation

Lloyds Bank Foundation is accepting applications for its Enable programme to support people experiencing multiple disadvantage. Applications are invited on an ongoing basis. For more information, please visit the website: <http://www.lloydsbankfoundation.org.uk/our-programmes/>

The St. James’s Place Foundation

The Foundation has a small grants programme for charities in the UK for helping young people with special needs or disadvantage. There are no deadlines. For more information on how to apply, please visit the website: <http://www.sjpfoundation.co.uk/apply-for-funding.aspx>

Ragdoll Foundation

The Foundation makes grants of up to £50,000 to organisations working with children and young people using the arts and creative media. The deadlines operate on a rolling basis. <http://www.ragdollfoundation.org.uk/portfolio/grant-giving>

Dickie Bird Foundation

The Dickie Bird Foundation offers grants with the aim of helping disadvantaged young people to participate in sport. **No deadlines.** For more information, please visit the website <http://thedickiebirdfoundation.co.uk>

Foyle Foundation

The Foyle Foundation Small Grants Scheme is designed to support smaller charities working at grass roots level. There are **no deadlines.** For more information, please visit the website: <http://www.foylefoundation.org.uk/small-grants-scheme>

Percy Bilton Charity

The Percy Bilton Charity is a grant making trust assisting disadvantaged youth, and people with disabilities. There are two types of grant to apply for and **no deadlines.** For more information, please visit the website: <http://www.percy-bilton-charity.org/percy-bilton-organisations>

Ashworth Charitable Trust

Grants for charitable organisations undertaking general charitable projects funded up to £5,000. **No specified deadline.** For more information, please visit the website: <http://www.ashworthtrust.org/funding.html>

Shanly Foundation

The Shanly Foundation has donated over £10 million to those in need of a helping hand, from youth clubs, schools and woodland projects to centres for adults with physical and learning disabilities. In particular, they welcome applicants that are helping to improve the welfare and quality of life of those that are disadvantaged within the community. They also support many local community events and festivals, scouts and girl guides, local schools, sports and social clubs. Full details of conditions and the application process are available at the Foundation website: www.shanlyfoundation.com

Blue Spark

Blue Spark is a charity that supports the education and development of young people and children by providing grants for educational, sporting, cultural and other projects. For more information, please visit the website: <http://bluesparkfoundation.org.uk/>

Transform Facebook Grants

Transform is offering up to £5,000 grants to charities to spend on Facebook advertising. Applications are accepted on a rolling basis each month. For more information, please visit the website: <https://www.transformfoundation.org.uk/facebook-grants>

**Many thanks to all the organisations who contribute
Information to this e-Newsletter**

www.rushmoorschoolsplus.org
www.facebook.com/RushmoorSchoolsPlus