



[www.rushmoorschoolsplus.org](http://www.rushmoorschoolsplus.org)

## **e-Newsletter – May 2018**

Welcome to the 62nd Rushmoor Schools Plus e-Newsletter, with contributions from many organisations working to support local children, young people and families. As ever, we suggest you select the bits of information that are relevant to your own organisation and share these with the people you work with.

The next Rushmoor Schools Plus e-Newsletter will be available in the week beginning 9<sup>th</sup> July 2018. If you want anything included, please send information to Tony McGovern at [tony.mcgovern@rushmoor.gov.uk](mailto:tony.mcgovern@rushmoor.gov.uk)

### **Rushmoor Schools Plus**

Each month there are still about 7,000 unique visitors to our website [www.rushmoorschoolsplus.org](http://www.rushmoorschoolsplus.org), indicating that our signposting service is the best you can find for what’s on and for local and national information for children and families. Please signpost to it from your own communications, newsletters, websites, etc., so that collectively we can make sure that information reaches the audience it’s intended for.

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### **WHAT’S ON IN RUSHMOOR**

#### **Alderwood Leisure Easter Holiday Playscheme**

Alderwood Leisure, Tongham Road, Aldershot, GU12 4AS

**Tuesday 29<sup>th</sup> May – Friday 1<sup>st</sup> June, 8.30am – 3.30pm: £16.00 per day, 8.30am – 5.30pm: £18.00 per day.**  
Bookings can be made at the reception desk or via e-mail, [alderwood.leisure@rushmoor.gov.uk](mailto:alderwood.leisure@rushmoor.gov.uk), telephone 01252 344 438. All the main childcare voucher providers are accepted.

During the day, children will have the opportunity to take part in outdoor and indoor play, including a range of sports and games along with arts and crafts.

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#### **Alpine Snowsports – Half-term Holiday Programme**

Gallwey Road, Aldershot GU11 2DD. Website for dates and details of various Ski camp dates and holiday activities is <http://activenation.org.uk/venues/alpine-snowsports-centre-aldershot/school-holidays/>  
Email [bookings@alpinesnowsports.co.uk](mailto:bookings@alpinesnowsports.co.uk)

Please call to pre-book on 01252 325 889, anytime 10.00am - 8.30pm Monday to Friday and 10.30am - 5.30pm weekends.

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## Princes Hall

Princes Hall, Princes Way, Aldershot, GU11 1NX. Box office: 01252 329 155

### **Dance In A Day**

**Tuesday 29<sup>th</sup> May and Wednesday 30<sup>th</sup> May, 10am – 4pm. Ages 6-10years, Tickets: £19**

A must for all dance fans, and movers & shakers! Expert leaders Justine and Sian will give you the opportunity to learn new dance moves and skills, meet new friends, build confidence and work on a number of short choreographed pieces that will be performed to parents at the end of the day.

<http://www.princeshall.com/event/55203/dance-in-a-day>

**(Also, Dance In A Day, Tuesday 31<sup>st</sup> July, 10am – 4pm, Ages 6 - 10yrs, Tickets: £19**

### **The Greatest Showman (PG)**

**Tuesday 29<sup>th</sup> May, 2.30pm & 7.30pm, Tickets: £8 / Screenpass £7**

Celebrating the birth of show business, and telling the tale of PT Barnum; a visionary who rose from nothing to create a spectacle that became a worldwide sensation.

<http://www.princeshall.com/event/68601/the-greatest-showman-pg>

### **Play In A Day – The Jolly Postman**

**Thursday 31<sup>st</sup> May, 10am – 4pm. Ages 7-11years, Tickets: £19**

A must for all drama fans! Expert leader Debi Rush will give you the opportunity to learn new theatrical skills, meet new friends, build confidence and work on a short play that will be performed to parents at the end of the day.

<http://www.princeshall.com/event/54801/play-in-a-day>

**(Also, Play In A Day – Charlie and the Chocolate Factory, Thurs 26<sup>th</sup> July, 10am – 4pm, Ages 7-11yrs, Tickets: £19)**

### **Teletubbies Live**

**Saturday 23<sup>rd</sup> and Sunday 24<sup>th</sup> June, 10am & 1pm, Tickets: £18.50 & £15.50 (plus discounts for groups)**

Join Tinky Winky, Dipsy, Laa-Laa and Po in a show full of love and laughter as they explore the magical world of Teletubbyland. Look out for the Tubby Phone, Noo-noo and the Sun Baby in a fun, bright and safe world which captures young children's imaginations and encourages them to explore the world around them. Join in and enjoy beloved features from the TV series along with brand new songs.

<http://www.princeshall.com/event/57401/teletubbies-live>

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## Half-Term CM Sports Holiday Club at Wavell School

The aim of courses is for children, whatever their level, to have a great time and make friends in a safe, structured but fun environment. Girls and boys aged 5-14 (inclusive) are welcome.

**CLUB FOOTY** Schedules vary according to venue/weather, however all courses will cover warm ups, individual techniques, shooting, dribbling, fun team games, tournaments, individual and team competitions.

**CLUB ACTIVE** The bulk of the Club Active course is classic multisport favourites and team building activities. However, popular theme days which include go-karts, Inflatables and nerf tag enhance the fun even more. For the location of theme days please see the timetable.

**CLUB PERFORMANCE** Children will be learning new performance skills and repertoire from various plays and musical productions. The children will be singing, dancing and acting, the day will also include team games, competitions and finish with a performance.

**COURSE TIMES** Standard courses run from 10.00am – 4.00pm (unless otherwise stated) with a short break for lunch. Registration opens at 9.45am. Day extensions can also be added 8am – 6pm.

**Pre booking from £20 per day, Pay on day £22 per day. Discounts for multi days and siblings**

Book online at [www.cm-sports.co.uk](http://www.cm-sports.co.uk) or phone 01420 538 947/02392 987 881

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## **Victoria Day 2018 – Saturday 9<sup>th</sup> June**

A royal celebration awaits visitors to Aldershot on Saturday 9<sup>th</sup> June for Victoria Day, which promises a day of live music, entertainment and family fun all around the town centre from 10am to 5pm.

Rushmoor Borough Council is working with the Aldershot Community Together group to organise the event, which celebrates Aldershot's close ties with Queen Victoria, as well as the town's proud history as the home of the British army.

The highlight of the day is the grand parade, which sets off at 11am outside the Princes Hall and will see marching bands, community groups, schools, vintage vehicles, businesses and residents making their way through the town centre. As the event takes place on the Queen's official birthday and to tie in with the year of royal celebrations, this year's theme for the parade is 'royalty' with participants invited to dress as princes and princesses, wearing crowns, tiaras or dressing in red, white and blue.

There will a full day of live music and entertainment with The Dolomites, Band on the Rum, Albany Dance Academy, Sing Squad and Jack Mason performing. Brass bands will be playing throughout the day in the town centre. There will also be children's rides, craft activities, plus fun with the Little Magic Ponies, face painting, free family hands-on crafts and The Little Dallas Donkeys.

It's not too late to take part and anyone who would like to get involved should go to the [Victoria Day 2018](#) page to pledge their support. There is also a Victoria Day page on Facebook. Anyone hoping to get involved with the organisation of this year's event can email [communications@rushmoor.gov.uk](mailto:communications@rushmoor.gov.uk), also look for Aldershot Community Together on Facebook.

For details of other events taking place in Farnborough and Aldershot during the Summer, including the Donkey Derby on 28<sup>th</sup> May and July's Farnborough Airshow go to <https://www.rushmoor.gov.uk/eventsdiary>

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## **Aldershot Lido opens for the summer season on Saturday 26<sup>th</sup> May**

Aldershot Lido will be open every day during the May half-term holiday (Saturday 26<sup>th</sup> May through to Sunday 3<sup>rd</sup> June). It will then be open weekends for the rest of June.

The lido will open daily from 1 July until 2 September.

### **Opening times**

- 10am to 6pm (bank holidays 10am to 5pm)
- Last entry is an hour before closing

### **Early morning lane swimming**

- Sunday - 8am to 9am (from 3 June to 2 September)
- Wednesday - 7am to 8am (from 4 July to 20 August)

### **Ticket prices and special offers**

- Adult day tickets - £7.60, juniors and senior citizens - £4.50
- Family tickets, season tickets, military discounts and a loyalty scheme
- After 3pm all tickets are half price

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## **West End Centre – Short Story Competition**

48 Queen's Road, Aldershot GU11 3JD. Box office 01252 330 040. [www.westendcentre.co.uk](http://www.westendcentre.co.uk)

The West End Centre invites any child aged 5 - 11 to enter their annual short story competition, with fantastic prizes to be won! Stories must be based on one of the following:

- The Gift
- The Best Thing Ever
- Disappeared!
- The Secret Door
- Footprints in the snow

The competition has two categories: age 5 - 8, and 9 - 11. Stories should be a maximum of 250 words, there is no minimum. Entrants must be residents of either Hampshire or Surrey. Entrants must be between 5 and 11 years old on the date of submission.

The winning entry in each category will be published on the Hampshire Cultural Trust website and will receive prizes including an e-reader and signed copies of books by Neal Layton. There are also prizes for the runner-up entries.

Entry forms are available to download via [www.westendcentre.co.uk](http://www.westendcentre.co.uk)

Entries should then be emailed or posted to: Jennifer Upstill, West End Centre, 48 Queens Road, Aldershot, GU11 3JD / [jennifer.upstill@hampshireculturaltrust.org.uk](mailto:jennifer.upstill@hampshireculturaltrust.org.uk)

Closing date: Midnight on Sunday 30<sup>th</sup> June 2018, winners announced on Monday 8<sup>th</sup> July

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### **Farnborough Fins Swimming Club (FSC)**

FSC is a not for profit, community-based company providing swimming lessons, subsidised school swimming programmes and teacher training courses alongside the Amateur Swimming Association (ASA). FSC also works alongside Hampshire County Council for children with Gateway cards. **It's Fins 20<sup>th</sup> anniversary this year. For updates and information on upcoming events find Fins on Facebook.**

Tel: 07944 165 604.

Email [office@finsswimmingclub.org](mailto:office@finsswimmingclub.org)

Website [www.finsswimmingclub.org](http://www.finsswimmingclub.org)

#### **Swimming Lessons**

FSC enrolls new swimmers into lessons at any time in the year, subject to availability. Lessons run 7 days a week across three venues for beginners to advanced swimmers of all ages, with lessons for babies, pre-schoolers, school age children and adults. New classes continually opening, please check!

#### **May Half Term Intensive Lessons**

Over the May half term there will be group and 1-1 crash courses. Lessons will run from Monday 28<sup>th</sup> May to Friday 1<sup>st</sup> June for half an hour at the same time each day. These courses are open to everyone, including those who do not currently swim at Fins.

#### **Group Sessions - Kings International College**

With small classes and high teacher to child ratios, these 5-day courses are a great way to boost your child's water confidence and swimming ability! There will be pre-school classes (for those 3 years and above), beginner classes and classes for abilities up to and including Stage 4. The group lessons are run in conjunction with Level 2 teacher training so there is a reduced price of £25 for the week! They are running between 10.00am – 12.00noon and with group sizes kept to a maximum of 4 children.

#### **1-1 Sessions - Kings International College**

Lessons are set in a calm environment where lessons can be **tailored to the individual swimmer**. A maximum of 5 sessions will run at one time with a teacher in the water per class. The course is open to those of any ability or age. They have availability between 8.00 - 10.00am and 1.00 - 4.00pm, Cost: £90 for the week.

#### **Bespoke Subsidised School Swimming Programmes**

FSC offers bespoke School Swimming programmes where local schools can benefit from free pool time using FSC teachers, or subsidised lessons run by their own qualified teachers. This scheme ensures that budgets are maximised and that children receive the very best experience in the lifesaving skill of swimming.

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## Rushmoor Netball Club

Are you currently in year 4, 5, or 6? Enjoy playing netball??? Want to improve your skills at a friendly Netball Club? Includes training indoors and regular competitive matches.

Why not come along to one of Rushmoor Netball Club's trial sessions on a Tuesday night from 6.30-8pm at Wavell School, Farnborough throughout May and June at a cost of £5.00 per session. For more information, please contact Mandy Bartlett on 07920 871 909 or [mandy.bartlett@btconnect.com](mailto:mandy.bartlett@btconnect.com) or check out the website at <http://www.pitchero.com/clubs/rushmoornetballclub/>

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## Community Matters Partnership Project (CMPP) Twilight Runway Challenge 2018

Join your local community on **Saturday 2<sup>nd</sup> June** for a unique fun run around TAG Farnborough Airport! This event is perfect for all the family! Not only do you get to choose your route, you also get to choose your mode of transport – from walking to running to cycling to rollerblading – we welcome a range of methods, so the whole family can get involved!

Join in and keep fit whilst raising money for your community through CMPP! Prices for the event are as follows:

**Adults (16+)** - £20.00

**Children (8-15)** - £10.00

**Family (2A + 2C)** - £50.00

For more information and to book tickets, please visit: [twilight.farnborough.ac.uk](http://twilight.farnborough.ac.uk)

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## Step by Step SLEEP OUT Challenge 2018, Ebb Football Stadium, Aldershot – Friday 22<sup>nd</sup> June

Join the 8<sup>th</sup> annual Sleep Out and help improve the lives of local young people facing homelessness whilst enjoying live music, inspiring stories, a movie screening, and the infamous 'cardboard shelter-building' competition. An exciting addition this year is an award winning magician who will be wowing the crowds with his memorable magic. There will also be a wood-fired pizza van serving up delicious made-to-order pizzas and an ice cream trike! All before settling down on the terraces for the night, to Sleep Out so local young people don't have to. Bring a team along and help to smash all records with the most sleepers and the most money raised to date!

Arrive from 6.30pm - £10 Adults, £8 Children (4-17 years old). Registration fee includes a breakfast bacon butty (or vegetarian alternative) and hot drinks. Seek sponsorship and every £70 raised covers the cost of a young person accessing an emergency bed for one night with 24 hour support from Step by Step staff.

Register at [www.stepbystep.org.uk/sleepout](http://www.stepbystep.org.uk/sleepout)

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## Activities at Farnborough Library

Farnborough Library, Pinehurst Roundabout, Farnborough GU14 7JZ. Tel. 0845 603 5631

Free Children's Activities at Farnborough Library

**Storytime:** Every Tuesday 10.30 - 11.00am, for ages 2-4 years

**Baby Bounce & Rhymetime:** Every Thursday 2.15 - 2.45pm, for ages 0-2 years

**Saturday Storytime and Craft session:** First Saturday of every month 10.30 - 11.30am, for ages 4-8 years

**Let's Build! Construction Club:** Second Saturday of every month 10.30 - 11.30am, for ages 3+ years

**Budding Bookworms:** Third Saturday of every month 10.30 - 11.30am, for ages 4+ years

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## Rushmoor Gymnastics Academy

Pool Road, Aldershot, GU11 3SN. Phone: 01252 320 888 Email: [Bernie@rushgym.co.uk](mailto:Bernie@rushgym.co.uk)

Over half term Playgym is a normal 9.30-10.30pm and 1.30-2.30pm Monday to Friday, strictly for ages 5 and under due to safety reasons.

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## **Parkside Summer Fete – Saturday 30<sup>th</sup> June / Summer Playscheme in July & August**

Summer Fete, **Saturday 30<sup>th</sup> June, 1 – 3pm**, All Welcome!

Crafts, Plants, Cakes, Raffle, Tombola, White Elephant, Games Galore!! Guildford Rd Aldershot, GU12 4BP  
Tel 01252 313 103 [www.parksidealdershot.co.uk](http://www.parksidealdershot.co.uk)

**Summer Playscheme 2018** for children with a learning disability. From **30<sup>th</sup> July to 23<sup>rd</sup> August**.

Two age groups: 8 – 12 years and 13 – 19 years. 9.30am – 3.30pm daily, cost £20 per day.

To register call 01252 313 103 or email [lisa.alderton@parksidealdershot.co.uk](mailto:lisa.alderton@parksidealdershot.co.uk)

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### **Spy Squad - agents of truth: holiday club for primary school aged children.**

**23<sup>rd</sup> – 27<sup>th</sup> July 2018**, 10.30am – 3.30pm daily at St. Peter's Church campus, 60 Church Avenue, Farnborough, GU14 7AP.

To book or for more information, visit the website or search St. Peter's Farnborough Holiday Club on Facebook  
<https://www.stpetersfarnborough.org.uk/>

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## **NEWS FROM AND FOR RUSHMOOR SCHOOLS & COLLEGES**

### **Farnborough College of Technology**

#### **Upcoming Open Events**

##### Degrees and Higher Education Open Event

Prospective students can visit University Centre Farnborough, based at Farnborough College of Technology, to discover degrees accredited by the University of Surrey plus a variety of Higher Education level courses and apprenticeships. **Thursday 28<sup>th</sup> June, 4pm - 7.30pm.**

##### Adult and Part-time Courses Open and Enrolment Event

Adults who have career plans but don't have the right qualifications, who are looking to gain new skills or who would like to do a part-time course for fun can visit the College to discover and enrol on to their professional and part-time evening courses. **Thursday 28<sup>th</sup> June, 4pm - 7.30pm.**

Visitors to Open Events can preregister at [www.farn-ct.ac.uk/events](http://www.farn-ct.ac.uk/events) or simply arrive on the day. Farnborough College of Technology, Boundary Road, Farnborough GU14 6SB

#### **Family Fun Day**

This June, Farnborough College of Technology will be throwing open their doors to the public for their annual Family Fun Day. Staff at the College will be putting on hands-on activities for all ages to get involved with, from Face Painting to Mini Golf. **Saturday 23<sup>rd</sup> June, 10.30am – 2.30pm**

Preregister at [www.farn-ct.ac.uk/events](http://www.farn-ct.ac.uk/events) or simply arrive on the day. Farnborough College of Technology, Boundary Road, Farnborough GU14 6SB

#### **Aldershot Student Named as Electrical Apprentice of the Year**

Matt Taylor, an Electrical Installation Apprentice studying at Aldershot College, has been crowned the winner of the 2018 SPARKS UK Electrical Apprentice of the Year Competition. Having proven his skills in the regional heats in March, Matt wired his way to first place at the competition final. Matt won a brand new set of electrical tools worth £1500! Commenting on his competition win, Matt told SPARKS Magazine: "I'm ecstatic – I just didn't see myself winning. I entered to give myself a challenge and I've definitely achieved that. The other competitors were great and what I'll take away from this is the knowledge that I can do something that I thought I couldn't."

You can find out more about construction courses offered by the College at [www.farn-ct.ac.uk/courses](http://www.farn-ct.ac.uk/courses)

### **Hundreds of Year 9s Inspired by Interactive Fair**

Students from Alderwood Senior School, Calthorpe Park School, The Costello School, Cove School, Eggars School and Fernhill School visited Farnborough College of Technology this April for a taste of life at college and a chance to explore their post-16 options.

A number of hands-on activities were on offer for students to get involved with, including flying drones, styling hair, using an electrical drill and many more. Gabrielle from Alderwood Senior School commented "It was really fun and interesting to see what you can do at college – the fair has opened my ideas to what I can do after school!"

The College has now announced their Open Event dates for School Leavers. These dates can be found at [www.farnborough.ac.uk/events](http://www.farnborough.ac.uk/events)

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### **EMTAS Secondary Conference 2018**

The EMTAS Secondary conference is the first of its kind in Hampshire; offering cutting edge and innovative approaches to working with students in secondary settings for whom English is an additional language (EAL), Black and Minority Ethnic students (BME) and Gypsy, Roma and Traveller (GRT) students, families and communities.

There will be an input on EAL Assessment and the DfE Proficiency scale, which will support school-based staff to track the progress of their EAL cohorts and to make accurate judgements in relation to the DfE Proficiency Scale. Delegates will also benefit from attending two workshops equipping them with the skills and knowledge needed to improve and develop their professional practice. Delegates will also have the opportunity to learn about the new EAL Excellence Award and will receive the latest update on recently developed and upcoming EMTAS projects.

Additionally, there will be the opportunity to network with colleagues from other settings and EMTAS specialist teachers. There will also be stands displaying a range of resources you can access to support you in your work in school. There will be time designated during the day to allow you to view the stands, as well as time during the breaks. You will receive some resources to take back to your school and there will be some special giveaway prizes too.

Spaces are limited so sign up now and guarantee your place at this exciting conference.

To book your place:

Date/time: Monday 25th June 9.00am - 3.30pm

Course code: EMTA0039-18AA Location: Winchester Cost: £100 subscribers, £120 non-subscribers

For further information and online booking please visit [www.hants.gov.uk/learningzone](http://www.hants.gov.uk/learningzone) quoting the course code.

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### **Serco Recycling Projects and Serco Commercial Services for Rushmoor Schools**

In August 2017, Serco was appointed as Rushmoor Borough Council's Waste and Recycling Contractor. Under the Partnership Serco have developed a whole programme of lessons, assemblies, hands-on experiments and interactive outdoor sessions available to pupils, as well as a whole range of Commercial Services for the school. They can tailor recycling information to your needs, often for Primary Schools (KS1 and KS2) they bring a recycling vehicle into the school playground, encouraging children to look around the vehicle and ask questions, which is highly effective. This is usually run alongside a Recycling Poster Competition.

Serco would like to visit schools in the borough at no cost to schools to discuss educational resources available and talk to you about the commercial services they can offer you.

They can provide:

- Waste and Recycling Collections
- Landscape Services (sports pitch maintenance, grass-cutting, line painting, horticulture and arboriculture)
- Play Area Services (redesign, refurbishment, design, construction, supply, installation, inspection and maintenance)
- Cleansing (sweeping, weed control, bin washing and pressure washing)

For **Educational Resources** - details are available from Robert Noble, Rushmoor Contract Manager, at [robert.noble@serco.com](mailto:robert.noble@serco.com)



To discuss your **Commercial Service** requirements please contact Anna Fraser, Commercial Manager (Rushmoor), at [anna.fraser@serco.com](mailto:anna.fraser@serco.com)  
Serco can adapt the educational information and commercial services to the needs of individual schools, as well as uniformed organisations, youth groups, Residents associations, etc.

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## **WHAT'S ON BEYOND RUSHMOOR**

### **Bisley Bowmen Field Archery Company**

At Bisley Camp, Bisley

[www.bisleybowmen.co.uk](http://www.bisleybowmen.co.uk)

01483 224 653

[medhitec@hotmail.com](mailto:medhitec@hotmail.com)

Large practice butts and a setting in butt. There are 36 Targets in the 20-acre woods with a tree-stand, and horse saddle to shoot from. Shelter is provided by a large permanent wooden gazebo to allow some shooting in bad weather. Affiliated to the National Field Archery Society and open for beginners of all ages as well as experienced Archers. The NFAS Qualified Coaches are DRS checked and can coach all styles of Archery.

New members and visitors start with a 'Total Archery Experience', which is an introduction to the club, guaranteed to be great fun for children and adults. You may use the day as just a fun day, celebration day or as training to join the club, which is open for 365 days per year for club members, without prior booking. You may book for The Total Archery Experience any day of the week including weekends.

You phone in at 9.00am on the day you have booked to do a weather check, and then meet at 10.30am to proceed to the 20-acre course. Then on to the practice butts with modern recurve bows to hone your skills for about an hour. You will then handle a full range of bows including long bow, flat bow, Scythian, Mongol, Native American, Compound and Crossbows. Then you proceed on to shoot the 36 target Field Archery course including a tree stand, and a saddle horse, where you will learn about the rules, safety rules and shooting etiquette.

There are excellent catering facilities on site for an optional meal and chat, and there are modern clean toilets on site. You will finish at about 3.00pm. The cost is £35 per person, £30 per person if more than 4 people.

Once you have completed the 'Total Archery Experience' you will have had enough training to safely use the Club and Course as a beginner, or be safe shooting at home. The club is open for anyone to join and membership includes 3-4 free Club Shoot Days per year with free refreshments.

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## **NEWS FROM PARTNER ORGANISATIONS AND GROUPS**

### **Family Support Service Taster day**

**Wanting to nominate a parent or carer onto a Family Support Service course but do not know much about the courses or which one to choose? Come along to the Hart and Rushmoor Family Support Service Taster day!**

The aim is to enable professionals to strengthen their knowledge regarding the interventions being offered by the Family Support Service. **Wednesday 13<sup>th</sup> June**, 9.00am – 3.15pm

Pop into a session that you want to know more about or come along for the day.

**Venues:** Park Children's Centre, Gloucester Road, Aldershot GU11 3SL

Turners Wood Children's Centre, Elvetham Heath, Fleet GU51 1GX

To book please contact Faye Powell on **01252 814 700 with your session choices** or email

[faye.powell@hants.gov.uk](mailto:faye.powell@hants.gov.uk) - **Booking is essential as spaces are limited.** A maximum of two representatives from each setting.



Session Time	Sessions at park Childrens Centre	Session Time	Session at Turners Wood Childrens Centre
9:15 – 10:00am	SOS -----or----- Routes for Resilience	9:15 – 10:00am	Speakeasy
10:15 – 11:00am	Incredible Years -----or----- Priority Groups	10:15 – 11:00am	Nurturing Programme
11:15 – 12:00	You Matters -----or----- PEEP & PEEP on Talking	11:15-12:00	Talking Teens
12:15 – 13:00pm		12:15 – 1:00pm	Workshops
13:15 – 14:00pm	Nurturing Programme ----- Workshops	1:30 – 2:15pm	SOS
14:15 – 15:00pm	Speakeasy -----or----- Talking Teens	2:30 – 3:15pm	PEEP & Peep On talking

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### **I, Daniel Blake – Charity Screening, Wednesday 13<sup>th</sup> June**

A special screening of director Ken Loach’s award-winning 2016 film exposing the sometimes harsh realities of the British benefits system. The fundraising event is hosted by Citizens Advice Rushmoor, with all profits going to The Vine Centre and the Farnborough Foodbank. The Vine Centre is a charity that support vulnerable and socially isolated adults. The event is also an opportunity to look at how we can work together to support local people affected by benefits changes.

Food will be served from 6.30pm, with the film showing at 7.30pm. Food vouchers are £5 each, tickets for the film are £10. Tickets are available from the West End Centre website

[https://uk.patronbase.com/\\_WestendCentreEvents/Productions/WSGD/Performances](https://uk.patronbase.com/_WestendCentreEvents/Productions/WSGD/Performances)

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### **Inclusion Hampshire - Professional Reflective Supervision**

Delivered by a qualified counsellor Inclusion Hampshire offers supportive, collaborative supervision groups for all professionals supporting and working with young people.

The groups provide a confidential forum to enable individuals to be emotionally and practically supported, providing an environment to share strategies and ideas. A safe place to encourage reflective practice. Your emotional health matters too.

Only £10 per session. Various venues and dates available. To express your interest, please email

[info@inclusionhampshire.org.uk](mailto:info@inclusionhampshire.org.uk)

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## **Cove Brook Greenway Group - Volunteers Welcome!!**

Volunteering with Cove Brook Greenway Group is fun and makes a worthwhile contribution to the local community. Whether you are litter picking, cutting back brambles, removing saplings or managing a bonfire you will have the satisfaction of seeing a job well done. The Group often receives compliments from passers -by and those who use the Greenway. They meet on the second Saturday of every month at various points along the Brook.

Alternatively if you are not interested in helping with practical tasks they would be delighted to welcome you as a volunteer committee member/ general helper at events such as their quiz night, interest talk evenings and other events.

Meetings are informal and friendly! All welcome, children must be accompanied by a responsible adult.

### **Next work parties**

**Saturday 9<sup>th</sup> June – 10.00 am** – Path clearance and other work in Cheyne Wood.

Meet at Footbridge off Cheyne Way near Curly Bridge and Scout Hut.

**Saturday 14<sup>th</sup> July – 10.00 am** – Work along the Brook

Meet at Blunden Hall, Blunden road GU14 8QP.

**Open Meeting – Tuesday 29<sup>th</sup> May – 19.30 – Talk by David Wilson – A Brief History of Farnborough Airfield**

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## **Hart & Rushmoor Family Support Service – Young Parents Support Group**

Hart & Rushmoor Family Support Service are establishing a group to support young parents age 19 and under throughout their pregnancy and up until their child is 1 year old. The group will encourage positive peer support, leading a healthy lifestyle and provide emotional support to both new Mums, and Dads.

The group will be a safe place for young families to build relationships, seek support and receive advice and signposting, in an environment which is non-judgemental. The group will be a referral only service by professionals, for families who meet the Level 2 criteria of needing support in more than one aspect of their family life.

For more information, please contact Natalie Whitby-Lear 0759 062 1072 or email [natalie.whitby-lear@hants.gov.uk](mailto:natalie.whitby-lear@hants.gov.uk)

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## **Hampshire Parent Carer Network - Futures in Mind Get Together Thursday 24<sup>nd</sup> May**

Do you care for a child or young person with challenging behaviours, anxiety, special educational needs and /or disabilities? Join this friendly group for a coffee and a chat.

The special speaker topic this month is CAMHS Anxiety Pathway

**Thursday 24<sup>nd</sup> May, 10am – 12noon** at Aldershot CAMHS, Aldershot Centre for Health, Hospital Hill, GU11 1AY  
Contact [marybaldwin@hpcn.org.uk](mailto:marybaldwin@hpcn.org.uk). Future get togethers will be on Thursday 28<sup>th</sup> June and Thursday 12<sup>th</sup> July.

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## **Mustard Seed Autism Trust**

Mustard Seed Autism Trust has been running its first Lego Therapy group for six children with autism. They have nearly completed their 20 week course and seen some great results.

A reminder that their waiting list is still closed and they are unable to take new referrals at present. Thank you to everyone for your patience. They would like to reassure those who are already on the waiting list that they will be seen and that this just refers to new referrals.

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## **Aldershot and Farnborough Calendars 2019 – photography competition**

Local people of all ages are being invited to pick up their cameras and get snapping for a chance to have their photo featured in the 2019 Aldershot and Farnborough calendars.

The Rushmoor Borough Council calendars are a great way to celebrate all that the towns have to offer and will be made up of 12 photos each of Aldershot and Farnborough taken by local people. Whether it is your favourite park, buildings, event, view or landmark in the towns, please send in your photos of the town throughout the seasons and be in with a chance of them being included in the calendars, which will go on sale across Aldershot and Farnborough from November and will cost just £5.

### **Enter the 2019 calendar competition online**

You need to submit your entries for the competition before Friday 28<sup>th</sup> September.

<https://www.rushmoor.gov.uk/aldershotcalendar>

<https://www.rushmoor.gov.uk/farnboroughcalendar>

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## **Parent Voice**

Parent Voice workers cover each district in Hampshire and are keen to build upon local knowledge and networking. The Parent Voice Workers are supported by a Researcher and a dedicated advice line team. The easiest way to access support is via the Parent Voice Advice line - **0300 303 8603**. The team will ensure that a Parent Voice Worker gets back to you within 2 working days. Mary Baldwin covers Basingstoke, Hart and Rushmoor.

The Parent Voice website is full of useful information and publications are parent friendly and contain practical ideas, signposting and helpful resources. [www.parentvoice.info/en/Resource\\_Library](http://www.parentvoice.info/en/Resource_Library)

They are able to offer information / signposting relating to a large range of topics and are happy to attend team meetings, support groups or coffee mornings to explain more about how they can help. Their focus is on providing information/ signposting rather than intensive individual support. They can provide information to professionals to help them support the families that they are working with and answer more specific queries where needed. They are not able to manage cases but the team are happy to contribute information to a case where relevant.

They are not able to take on complex referral tasks - they signpost to services and help parents make initial contacts but the nature of the role means that they are not best placed to be the referring service. Rather than attending case meetings they will liaise with the lead professional and provide information and advice.

Where possible they are able to offer support to parents with form filling or understanding official documents, but do not have the resources to provide face to face support with Disability Living Allowance. They will however, provide information about resources and guides families can use to help with the forms.

Where possible they prefer to meet with families away from the home although they will make an exception if the parent is unable to leave the house.

Parent Voice is always striving to ensure that parents and professionals receive the specific support they need and in some cases this requires us to signpost to other services who can offer a more targeted response.

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## **Hedgehogs Charity Golf Day, Thursday 14<sup>th</sup> June**

The fourteenth Annual Charity Golf Day, at the Army Golf Club, Aldershot Thursday 14th June.

The day comprises of breakfast on arrival, 18 holes of golf, evening meal, raffle, charity auction and prize giving. £70 per person. Open to individuals and teams of four.

For further details please contact Mike Dunkley: E: [mikejdunkley@gmail.com](mailto:mikejdunkley@gmail.com) M: 07901 137 306

Proceeds from the Charity Golf Day go to Local Farnham Causes and The Source Please visit [www.the-hedgehogs.org.uk](http://www.the-hedgehogs.org.uk) for more information.

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## The Sixth Form College Farnborough – Facilities available for hire

The Sixth Form College Farnborough have fantastic football, cricket and all weather floodlit pitches, modern conference rooms and a professional 184 plus seat Prospect Theatre suitable for a wide range of performances.

The College is only a short walk from Farnborough Main, Frimley and Farnborough North train stations and is just off Junction 4 of the M3 so is an ideal location for any meeting or event.

Go to <https://farnborough.ac.uk/about-hireourfacilities> for a Facilities For Hire 2017-18 brochure to see what's available. You can also contact the Lettings Manager Lorraine Lewis directly on [llewis@farnborough.ac.uk](mailto:llewis@farnborough.ac.uk)

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## Free Weight Watchers sessions

Access to this offer is open to anyone resident in Hampshire and with a BMI 30+ (or a BMI of 28+ if of BME background or with a pre-existing comorbidity).

Eligible residents can call Weight Watchers to arrange to attend, for free, twelve coached group-sessions at a local venue. Access is also available to a remote app based level of support if this is preferred. These are running continually so you join anytime and enjoy twelve weeks of support. To register, call **0345 602 7068** and quote **WWS095/Magazine**.

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## Farnborough Rotary Club

Farnborough Rotary Club has an established and growing programme of events and activities for young people with business, vocational and cultural aspects.

**Interview Practice and Business Skills:** The business expertise that exists within the Club is being put to use within our local community, with members sharing their knowledge to help students understand the many challenges they face in the employment world. They have a wide range of people with both career and business skills, which they believe would help and encourage your young students.

In recent years, the Club has been successfully helping students of all ages in local schools with **Mock Interviews**, **Enterprise Challenges** and an **Aspiration Week**. These activities are aimed at all ages including primary schools. They can also help to organise **Skills Festivals** where groups can visit about four business stalls for 30 minutes and conduct a task while learning about a job, career or higher education opportunities.

During the past year, they have provided around 150 man-hours of support to several local schools with mock interviews. Like the schools, they believe this is invaluable support to the students as they approach their first interviews. They remain committed to this service and would welcome further requests for help.

**2018 Year of Engineering:** To mark this year the Club would be very happy to work with schools to deliver a lecture on engineering: its wide scope and career opportunities. Please speak to Charlie Fraser-Fleming if this captures your imagination.

If you feel that your school could benefit, and you would like some help with these ideas or any other business issues please contact Charlie Fraser-Fleming who would be very happy to organise a visit by club members to discuss possibilities and needs. This can be done at any time in the school year. However, please give as much notice as you can. Contact Charlie Fraser-Fleming at [charlie\\_ff@outlook.com](mailto:charlie_ff@outlook.com) 07714 322 352.

The 2017/2018 **Rotary Young Chef Competition** is well underway. If you are interested in taking part in next year's competition please contact Jan Bowen for further details at [jan.bowen1331@gmail.com](mailto:jan.bowen1331@gmail.com)

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## PEBL Update

### **PEBL Grants Pots**

Individuals or community groups based on the Prospect Estate can apply for a PEBL (Prospect Estate Big Local) grant to help run a new local project that will benefit Prospect Estate residents. Applications can be made for between £100 and £500 (in exceptional circumstances £1,000 may be awarded).

Email [pebl.coordinator@gmail.com](mailto:pebl.coordinator@gmail.com) or call 07879 384 014

### **PEBL Internet Café**

Are you a resident of the Prospect Estate? Then come along and enjoy free refreshments, advice, support and Wi-Fi. Develop new skills or just keep in touch with family and friends. Every Saturday 10am – 12noon at the Prospect Community Centre. Email [pebl.coordinator@gmail.com](mailto:pebl.coordinator@gmail.com) or call 07879 384 014

### **PEBL Money Advice**

Free confidential, individual advice in all areas of money management including banking, budgeting and claiming benefits for residents of the Prospect Estate. Every Wednesday 10am - 3.30pm at the Prospect Community Centre.

Email [pebl@rushmoorcab.org.uk](mailto:pebl@rushmoorcab.org.uk) or call 07468 860 450

### **PEBL Skills Café**

PEBL's friendly team welcomes Prospect Estate residents for a chat over coffee. Come along and identify your skills as well as develop new ones, write a perfect CV, make job applications, and prepare for interviews.

Just drop in...no appointment necessary. Every Wednesday 10am - 3.30pm at the Prospect Community Centre.

Email [skillscafe@pebl.info](mailto:skillscafe@pebl.info) or call 07340 017 342

### **PEBL's Knit, Natter and Games**

All welcome. Free entry! Good company! Free tea and biscuits! Come along and make new friends while knitting and nattering. 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays of the month from 2.00 - 4.00pm at the Prospect Community Centre.

Email [pebl.coordinator@gmail.com](mailto:pebl.coordinator@gmail.com) or call 07879 384 014

### **Unsafe to Safe**

One-to-one support is available for young people aged 13 to 25 with a connection to the Prospect Estate. To have a chat and see how they can help with problems, troubles or worries, please call or text 07468 538 412 or Email [tracy@creatingfutures.org](mailto:tracy@creatingfutures.org)

### **PEBL's After School Reading Club**

Children aged 4 ½ to 11 from Cherrywood School come in and discuss/read books that PEBL provide. They have the opportunity to practice their reading and parents can see how they can do this at home with their children.

Maureen Cole and Karen Bowman from PEBL read with up to 4 children each on Thursdays.

### **Getting started on Computers**

These beginners IT sessions will give you a basic knowledge of computers, software and hardware, the internet and email. **Dates: 6th, 13th, 20th, 27th June** (This is a 4 day course)

From: 10.00 am – 1.00 pm at the PEBL Skills Café, Prospect Community Centre, Mayfield Road, Farnborough, GU14 8UA.

This course is FREE to those looking for work/in receipt of benefits (evidence may be required)

If you would like to attend this session, please contact Community First telephone: 0300 500 8085, email

[bookings@cfirst.org.uk](mailto:bookings@cfirst.org.uk) - or you can book online at: <https://www.cfirst.org.uk/training/booking/>

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## TRAINING AVAILABLE

### British Red Cross Everyday First Aid – courses for groups

The British Red Cross offer groups a two hour First Aid course to teach a few simple skills that could save someone's life. The cost is £60 for group sessions. They will come to your venue to deliver this course. For more information please contact: Becky Paton on 07590 445 388 or email: [bpaton@redcross.org.uk](mailto:bpaton@redcross.org.uk)

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## **Rushmoor Voluntary Services Training Opportunities**

### **Emergency First Aider at Work 2018**

Wednesday, 4<sup>th</sup> July

Wednesday, 10<sup>th</sup> October

Wednesday, 5<sup>th</sup> December

9.00am - 4.00pm, cost £50.00

Farnborough Community Centre, Meudon Avenue, Farnborough GU14 7LE

Emergency First Aider at work is regulated by HSE and effectively replaces the Appointed Person Course - Certification is valid for 3 years with HSE approval (No 38/04)

**For more information and a booking form, please call 01252 540 162 or email: [support@rvs.org.uk](mailto:support@rvs.org.uk)**

### **Accredited Food Hygiene**

Accredited Food Hygiene Courses are facilitated by Rushmoor Borough Council. Cost is £40 for a three-hour course. The Food Safety in Catering Course is a level 2 equivalent certificated course for anyone working in a catering setting where food is prepared, cooked and handled. The course is aimed at volunteers and people working with voluntary and community groups. To book your place(s) please contact Sue Clements, Environmental Health and Housing Services, Rushmoor Borough Council, Council Offices, Farnborough Road, Farnborough, Hants, GU14 7JU, telephone 01252 398 139 or email the required information to [sue.clements@rushmoor.gov.uk](mailto:sue.clements@rushmoor.gov.uk)

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## **Traineeship Plus – Starting September 2018 across Hampshire**

### **Health and Social Care, Construction (18+), Business Admin and more**

Do you know a young person keen to get their first job, but who needs a helping hand?

Hampshire Futures' Traineeship Plus Programme is running again in September and applications are now open.

Traineeship Plus helps young people who are keen to work but lack the skills and experience that employers are looking for. The programme gives them the opportunity to undertake a three month work placement in lots of different areas so their move into employment is not as daunting. At the same time, they gain support from dedicated tutors to improve their English and maths and attain an employability qualification.

Traineeships are available for young people aged 16 to 24 and for young people with Learning Difficulty Assessments or Education, Health and Care Plans up to academic age 25, qualified below level 3.

Many trainees have gone on to secure apprenticeship opportunities within Hampshire County Council, and Hampshire Futures aims to ensure the young people benefiting from the programme have suitable opportunities for progression before they complete the course.

For Louise Holloway a Traineeship Plus work placement led to a permanent position. She said: "The best thing about the Traineeship was that got me out of my comfort zone. It helped me expand my experience. It also helped me get ready for other job opportunities."

Applicants must hold a minimum grade D or level 3 in GCSE English or maths (non GCSE qualifications are considered on an individual basis).

For more information, and to download an application form, visit [www.hants.gov.uk/yourfuture](http://www.hants.gov.uk/yourfuture) Alternatively, email [hyip@hants.gov.uk](mailto:hyip@hants.gov.uk) or phone 01962 846 193.

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## **FUNDING & GRANTS CURRENTLY AVAILABLE**

### **Rushmoor Borough Council Grants**

Grants recently awarded from Rushmoor Borough Council funds include:

- 1<sup>st</sup> Crookham Scout Group - £2,400 for a traversing wall in their compound (Farnborough airport fund)
- Pinewood Infant School - £5,583 for Jolly Roger pirate play equipment (Farnborough airport fund)
- Alderwood School Afterschool Club - £500 for Lantern workshops (Ward Community grant)
- Spotlight UK - £800 for a dance project culminating with performances in the West End (Community grant)

- Aldershot Town & District Football in the Community Trust - £1,000 for Reaching for the Stars project with young people (Community grant)
- Mayfield Community Partnership - £1,000 for a dry compost toilet at Hawley Community Garden (Uniting Communities grant)
- Rowhill School - £1,000 for uniform to lend to pupils while they attend the school (Uniting Communities grant)

For more details and to apply online go to <http://www.rushmoor.gov.uk/grants>

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### **Rushmoor Community Lottery**

The Rushmoor Community Lottery is up and running. Sports clubs, community groups, schools, PTAs and pre-schools can sign up as a good cause to benefit from the lottery. Check out the selection criteria on the website: [www.rushmoorlottery.co.uk](http://www.rushmoorlottery.co.uk). Currently the lottery is on track to raise over £24,000 for good causes across Rushmoor.

Sign your group up to the lottery and receive 50p for every £1 ticket that your supporters buy, plus a further 10p from every ticket sold goes to the Community Fund, which will be shared with good causes.

If you have any questions about the lottery, please email [rushmoorcommunitylottery@rushmoor.gov.uk](mailto:rushmoorcommunitylottery@rushmoor.gov.uk) or call 01252 279 727.

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### **CMPP – Give & Get Days**

What better time to get some hardworking employee volunteers to share skills with your organisation? It could be anything from a gardening project, to painting a cabin, or assisting with mock interviews; whatever you need, CMPP is here to help!

Apply for a G&G day today! Simply tell CMPP what you need and they will do their best to match you up with a company who have the skills to complete your project. Volunteer field teams will range from 5-25 employee volunteers (and can be both skilled and non-skilled, depending on the project in question).

If needed, CMPP are also able to offer £500 for resources or materials needed for your idea. All applications received will be emailed to the Partners of CMPP for consideration. They cannot guarantee that your project will be sourced but they will try to get you as much support as possible.

For more information please contact [jgrant@cmpp.org.uk](mailto:jgrant@cmpp.org.uk) or to apply for a G&G day:

<http://cmpp.org.uk/contact/givegetday>

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#### **Awards for All**

Awards for All offers grants of between £300 and £10,000 for grassroots and community activity that aims to improve life for local people and neighbourhoods. <https://www.biglotteryfund.org.uk/global-content/programmes/england/awards-for-all-england>

#### **Lloyds Bank Foundation**

Lloyds Bank Foundation is accepting applications for its Enable programme to support people experiencing multiple disadvantage. Applications are invited on an ongoing basis. For more information, please visit the website: <http://www.lloydsbankfoundation.org.uk/our-programmes/>

#### **The St. James's Place Foundation**

The Foundation has a small grants programme for charities in the UK for helping young people with special needs or disadvantage. There are no deadlines. For more information on how to apply, please visit the website: <http://www.sjpfoundation.co.uk/apply-for-funding.aspx>



**Ragdoll Foundation**

The Foundation makes grants of up to £50,000 to organisations working with children and young people using the arts and creative media. The deadlines operate on a rolling basis.

<http://www.ragdollfoundation.org.uk/portfolio/grant-giving>

**Dickie Bird Foundation**

The Dickie Bird Foundation offers grants with the aim of helping disadvantaged young people to participate in sport. **No deadlines.** For more information, please visit the website <http://thedickiebirdfoundation.co.uk>

**Foyle Foundation**

The Foyle Foundation Small Grants Scheme is designed to support smaller charities working at grass roots level.

There are **no deadlines.** For more information, please visit the website: <http://www.foylefoundation.org.uk/small-grants-scheme>

**Percy Bilton Charity**

The Percy Bilton Charity is a grant making trust assisting disadvantaged youth, and people with disabilities. There are two types of grant to apply for and **no deadlines.** For more information, please visit the website:

<http://www.percy-bilton-charity.org/percy-bilton-organisations>

**Ashworth Charitable Trust**

Grants for charitable organisations undertaking general charitable projects funded up to £5,000. **No specified deadline.** For more information, please visit the website: <http://www.ashworthtrust.org/funding.html>

**Shanly Foundation**

The Shanly Foundation has donated over £10 million to those in need of a helping hand, from youth clubs, schools and woodland projects to centres for adults with physical and learning disabilities. In particular, they welcome applicants that are helping to improve the welfare and quality of life of those that are disadvantaged within the community. They also support many local community events and festivals, scouts and girl guides, local schools, sports and social clubs. Full details of conditions and the application process are available at the Foundation website: [www.shanlyfoundation.com](http://www.shanlyfoundation.com)

**Blue Spark**

Blue Spark is a charity that supports the education and development of young people and children by providing grants for educational, sporting, cultural and other projects. For more information, please visit the website:

<http://bluesparkfoundation.org.uk/>

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**Many thanks to all the organisations who contribute  
Information to this e-Newsletter**

[www.rushmoorschoolsplus.org](http://www.rushmoorschoolsplus.org)  
[www.facebook.com/RushmoorSchoolsPlus](https://www.facebook.com/RushmoorSchoolsPlus)